

Counselling Solutions works with individuals, families and professionals.

Quality training will be delivered by Karen O'Neill who holds a certificate in Education.

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Counselling Children and Adolescents: A Creative Approach

This unique course offers specialist skills to professionals and key workers who are working alongside children and adolescents between 4-18 years of age, and will equip the learner to gain skills and knowledge in how to work therapeutically with this age group.

It enables the learner to offer effective, appropriate, emotional and practical support to children demonstrating attachment, behavioural, emotional or social difficulties (BESD). This may be a child who has come to the end of a therapeutic play or counselling process yet continues to require a secure base within the safety of the school environment. Alternatively, a normally happy child who is reacting to a recent or current major event in their life.

It has been designed as a QCF (Qualification Credit Framework) level 3 programme of study and is accredited by Play Therapy UK: PTUK.

It is intended that Counselling Children and Adolescents: A Creative Approach will prepare learners for accessing further specialist studies.

The minimum age of entry for the course is 21 years and learners must hold a current CRB check/clearance.

This course is for anyone working with children including Teachers, Social Workers, Counsellors, Foster Carers, Learning Mentors, SENCO's, Family Workers, Behaviour Support Workers, Early Years, Nursery Workers, School Home Support, Care Workers.

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Course Duration: 120 hours teaching

Option One: 34 x 3 hour weekly sessions plus 3 play days (6 hours each)

Option Two: 24 days (6 hours each)

Award: PTUK Certificate: Counselling Children & Adolescents: A Creative Approach

Cost: This includes all teaching, course materials, marking, issuing of certificate.

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Counselling Solutions recognises that upon successful completion of the course, learners will work with enhanced skills and are therefore encouraged to seek appropriate support.

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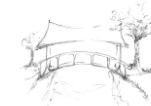
Chargeable telephone support is available to learners by Counselling Solutions from a suitably qualified Practitioner.



Therapy · Training · Consultancy Services
www.counselling-solutions.co.uk

Counselling Children and Adolescents: A Creative Approach

A skills and theory course to enhance the emotional well-being of Children and Adolescents



Bridging Creative Therapies Consultancy

Structure of the Course:

Counselling Children and Adolescents: A Creative Approach comprises of 5 units:

Unit 1: Theory

- Human attachment theory
- Personality and developmental theories
- Life stages
- Counselling theories

Unit 2: Skills

- Active listening skills and counselling skills
- Therapeutic interventions using creative and play modalities for use with children and adolescents

Unit 3: Ethical and Legal Aspects

- 'Every child matters'
- Safeguarding children
- Child protection
- Report writing
- Legal issues
- Clinical governance
- Clinical supervision requirements
- Fitness to practice
- Ethical Framework (PTUK/BACP)

Unit 4: Self Development

- Development of self awareness
- Further training
- Continuous professional development

Unit 5: Research

- Developing and adopting a researcher's eye on practice
- Identification of a specialist area for research; to be investigated and written as a study

Course Assignments:

- Weekly creative reflective journal
- 2 x Book Reviews
- Case study or mini research assignment
- Presentation
- Counselling agency referral resource assignment
- Creative therapeutic practical skills assessment
- Active listening skills assessment
- Peer group assessment

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Equal Opportunities:

Learners will benefit from a learning environment where mutual respect and fairness are of the highest standards. Diversity, similarities and differences are to be considered to the extent that all learners enjoy equal opportunities.

Counselling Children and Adolescents: A Creative Approach does not qualify you as a:

- **Play Therapist or Child & Adolescent Counsellor**
- **Child Protection Expert. If issues arise, there are procedures to follow linked to specifically trained members of staff**



Contact Us

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